

2017 Post Season Bulletin 2

Post season games continue to provide interesting play situations.

Leaping

Play: “On an extra point attempt, at the snap B55 drops to his elbows and knees. B34 then runs up and uses B55's back to jump over the snapper in an attempt to block the kick. The kick was good.”

Ruling: Personal foul per Rule 9-4-3e.

Body Slam-Suplex Move



The above picture shows a player being taken to the ground via a suplex move that is used in wrestling. It is a throw that involves lifting the opponent and bridging or rolling to slam the opponent on their back. This is a personal foul for unnecessary and excessive contact or roughness. Rule 9-4-3g.

Blocks Below the Waist

Brad and I continue to see and hear about plays involving potential blocks below the waist where no flag was thrown. Coaches are quick to send video and comments on these types of plays.

Please review the following guidelines.

There are four requirements for a LEGAL block below the waist. The block must be:

- by a blocker (offense or defense) who is in the Free Blocking Zone (FBZ) and on his line of scrimmage (LOS) at the snap.
- in the FBZ.
- against an opponent who is in the FBZ and on his LOS at the snap.
- before the ball leaves the FBZ.

During free kicks, blocking below the waist is prohibited by either team anywhere on the field during the ENTIRE down. This includes during the kick return, even though the kick has ended.

During scrimmage kicks, any block below the waist must be initiated immediately after the snap; the ball will leave the FBZ on the snap. Blocks below the waist are also illegal on the kick return.

Blocks below the waist are also illegal after a change of possession....the recovery or interception of a fumble or a backward pass, or an interception and return of a forward pass.